

## TRAUMA THEORY: AN INTRODUCTION

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**Received: 06 Mar 2018**

**Accepted: 14 Mar 2018**

**Published: 31 Mar 2018**

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### **ABSTRACT**

*Trauma theory has placed its thrust in the present scenario to a greater extent were writers of the present era have a thirst to widen their genre in the field of psychoanalysis and subconscious of the human mind. Critics have tried to spread their wide knowledge in man's psychological, physiological, philosophical and ethical thoughts which blended and echoed in their practical life. A man has to undergo a serious trauma externally and literally to overcome this dreadful trauma which accounts throughout his life journey. The writers have made an attempt in the trauma theory and have applied in their writings through their own experiences which have become the limelight for other growing critical thinkers and writers.*

**KEYWORDS:** *Trauma, Psychology, Philosophy, Ethics, Pain, Neorosis*